

SUICIDE-PROOF YOUR HOME

THE FACTS

Almost **2,000 youths** aged 0-19 die by suicide every year.

Suicide is the **third leading cause of death** for 0-19 year-olds.

As many as **1 in 5 children and youth** at risk for suicide say there is a gun in their home.

A study of gun-owning parents who reported that their children had never handled their firearms at home, found that **22% of the children**, questioned separately, said that they had.

Studies of firearm suicide among youth have found that at least **82% used a gun belonging to a family member**.



LETHAL MEANS RESTRICTION

Most efforts to prevent suicide focus on why people take their lives; however, it is increasingly clear that “how” a person attempts—what type of **lethal means** they use—plays a key role in whether they live or die.

Approximately **85%** of firearm suicide attempts result in death, compared to **69%** for suffocation, **31%** for jumping, **2%** for overdoses and **1%** for cutting.

Keeping a gun in the home increases the risk of suicide nearly **five times**.

Guns are the **most commonly used** method in suicide deaths.

WHAT IS SUICIDE-PROOF YOUR HOME?

The **Suicide-Proof Your Home** Campaign educates parents about the importance of restricting access to lethal means, such as firearms and prescription medications, in reducing the risk of youth suicide.

The Campaign provides parents with practical steps they can take to **‘suicide-proof’** their homes, such as disposing of or locking up firearms and medications.

To learn how to Suicide-Proof Your Home please visit: www.suicideproof.org or email suicideproof@cpyv.org.

